

# Things that **POP** **SPRING** and **REACH OUT** to touch you!

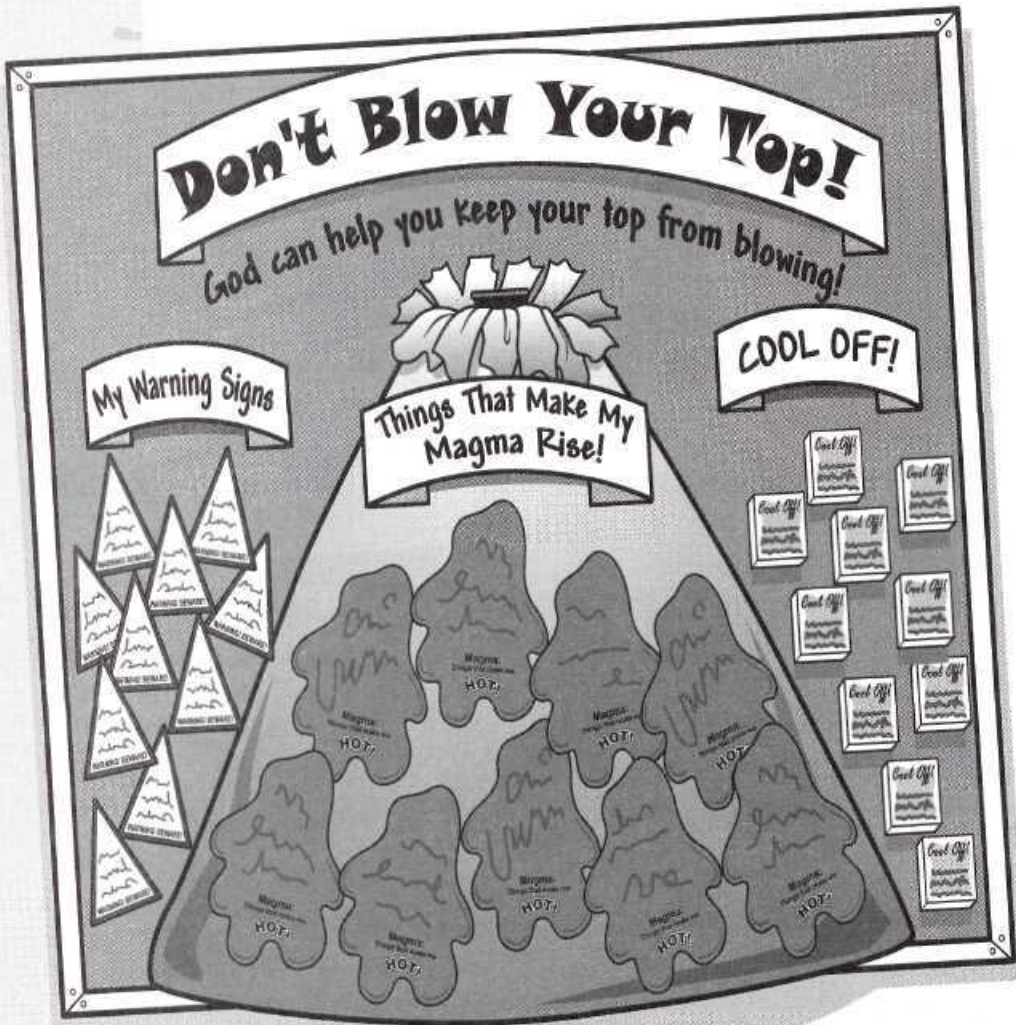
Creating bulletin boards with three-dimensional depth doesn't have to be hard. Here are a few of the simple ways you'll find in this chapter:

- Staple lightweight chicken wire onto the bulletin board so that it bows out. Shape it however you'd like. Stuff the shape with loosely wadded newspaper.
- Attach strips of heavyweight paper or poster board so that they protrude from the bulletin board.
- Attach three-dimensional objects such as lightweight baskets, small tree branches, picture frames, toys or party decorations to the board.
- Place artificial plants, children's furniture or garden statues in front of the bulletin board.
- Hang items from the ceiling in front of the board. Tie thread to paper clips and hook the clips onto the framing of the ceiling tile.

Think beyond staples and pushpins. Try some of these ideas for attaching items to your board:

- Double-sided tape
- Hot glue (easily removes from surfaces with a hair dryer and paper towel)
- Rubber cement (easily rubs off most surfaces)
- Plasti-Tak® or Poster Putty®
- Crazy Glue® (just remember, it's permanent!)
- Glue sticks
- Paper clips and binder clips

# Don't Blow Your Top



## Bible Verse

James 1:19-20

Everyone should be quick to listen, slow to speak and slow to become angry, for man's anger does not bring about the righteous life that God desires.

## Godprint

self-control

Helping kids control selfish impulses encourages them to honor God in their attitude, actions and behavior.

## Purpose

CONTROLLING OUR ANGER HONORS GOD. KIDS WILL LEARN TO RECOGNIZE WHAT MAKES THEM ANGRY, LOOK FOR WARNING SIGNS WHEN THEY'RE GETTING ANGRY, AND WHAT TO DO TO COOL OFF AND KEEP FROM BLOWING THEIR TOPS.

## Get List

- Green and brown bulletin board paper
- Orange, red and yellow tissue paper
- Pushpins or tiny nails
- Chicken wire
- Staple gun
- Masking tape
- Poster board
- Oatmeal container
- Construction paper
- Reproduce magma, warning signs and ice cubes from page 11
- Plasti-Tak®

**Construction Site:** Build a volcano.  
Kids will attach magma, warning signs and ice cubes.

**1** Cover the board with green bulletin board paper. In the center of the board toward the top use push pins or tiny nails to securely attach a small cardboard oatmeal container. This will be the opening to the top cone of the volcano.

**2** Use chicken wire to construct the outside of the volcano. Start around the top of the oatmeal container and mold it into an outward triangular shape. Bend the bottom ends of the chicken wire under. Attach the chicken wire with a staple gun.

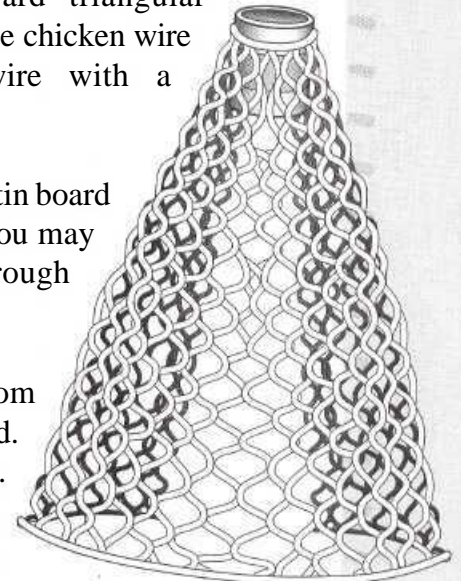
**3** Cover the chicken wire with brown bulletin board paper. Fill the cone with tissue paper. You may wish to position a flashlight in the container so that it shines up through the tissue paper.

**4** Make the title, "Don't Blow Your Top!" by cutting out letters from construction paper and attaching them to a strip of poster board. Use staples or push pins to attach the poster board so that it bows out. Cut letters from construction paper to spell out: "God can help you keep your top from blowing!" Place the phrase just below the heading.



**5** Cut out more construction paper headers.

- On the left side of the volcano put the words, "My Warning Signs."
- On the volcano put the words: "Things That Make My Magma Rise."
- On the right side of the volcano put the words: "CoolOff!"



# Mini Lesson

People who study volcanos are called volcanologists. They try to predict when a volcano will explode. They watch for signs such as a rise in temperature, an earthquake, a rise in pressure and hot lava. These are signs that a volcano might blow its top, and volcanologists can warn people to move. In some cases they can drill vents to help the volcano cool off and prevent it from blowing its top at all.

Give each child a copy of the reproducible. When we become angry we're a lot like a volcano. What are some things that make you really hot? Write these on your magma. Kids may say things such as, people don't listen to me; I've been embarrassed; someone made fun of me; I was blamed for something I didn't do.

**Spin-Offs:** You can use a similar set-up with an iceberg. Change the colors. The tip of the cone becomes the tip of the iceberg. Add cellophane for a water effect. When we're angry we see just the top of the iceberg. What are things that build up your anger underneath your iceberg? You can also use the volcano or iceberg with the following Bible stories:

- Joseph keeps his cool (Genesis 37-45).
- Moses loses his cool (Exodus 32).

Ask a volunteer to read James 1:19-20 from a Bible. **God wants to help us stay cool when we see the warning signs that we're getting angry. What are some of your warning signs? Write these on your warning sign.** Kids may say things such as, clenching teeth; sweaty palms; face gets red; voice get louder; crying.

**What are some ways that you can cool off when you feel your volcano about to blow? Write these things on your ice cube.** Kids may say things such as, talk it out with God, pray; talk to someone; play music; doodle; jump rope; hit a balloon.

Have kids cut out the three parts of the reproducible, then show how to assemble the ice cubes. Attach the magma, warning signs and ice cubes to the board under the appropriate headings with Plasti-Tak®.

- When you feel as though your volcano is about to blow, what will you do?
- Show me one thing you can do to vent when you're feeling steamed.
- Who do you honor and who do you help when you keep your anger under control?

